



Hospice Medical Director Certification Board

Candidate Handbook

September 2015





Thank you for taking the first step toward achieving hospice medical director (HMD) certification through HMDCB. You are setting yourself apart by displaying your commitment to advancing the hospice industry, the care of your patients and their families, and the expanding skillset of a hospice physician. By seeking to earn the HMDC[®] credential, you are demonstrating that you have the knowledge and skills to best manage the clinical needs of patients as well as your leadership roles within your institution.

The Hospice Medical Director Certification Board[®] (HMDCB[™]) is intended for hospice medical directors and physicians who provide hospice care. Established in 2012 with the support of the American Academy of Hospice and Palliative Medicine and the endorsement of the National Hospice and Palliative Care Organization, HMDCB evolved from a growing demand for certification specific to the sub-specialty practice of hospice medicine. HMD certification also aids the public and health care professionals in identifying hospice physicians with recognized expertise in hospice care.

By successfully completing the application and passing the HMDCB exam, you will join 500 physicians who have already attained the Hospice Medical Director Certified (HMDC[®]) credential. I encourage you to read this candidate handbook completely and become familiar with the information outlined, including exam-related dates, board certification policies, examination topics and more.

Certified hospice physicians demonstrate their commitment to service through the variety, depth and consistency of their professional involvement. Their desire to attain formal recognition of their advanced knowledge and skills reflects their devotion to their profession and their patients. Obtaining the HMDC credential not only benefits your career, but also the profession as a whole.

Through the rigorous standards mandated by HMDCB certification, the specialty-credentialed hospice physician stands out as the most qualified individual to meet today's expanding professional expectations.

Thank you for your interest, and I admire your commitment to the hospice industry.

A handwritten signature in black ink that reads "Kimberly A. Bower". The signature is written in a cursive, flowing style.

Kimberly Bower, MD HMDC
President

TABLE OF CONTENTS

GENERAL INFORMATION	2	Detailed Content Blueprint	11
About This Handbook	2	Sample Questions	14
Hospice Medical Director Certification Board	2	EXAMINATION DAY	15
Non-Discrimination Policy	2	Identification	15
About Board Certification	2	Security	15
CERTIFICATION REQUIREMENTS	3	Personal Belongings	15
Eligibility Requirements	3	Examination Restrictions	15
Code of Professional Conduct	3	Practice Examination	16
APPLYING FOR THE EXAMINATION	4	Timed Examination	16
Application Instructions	4	Candidate Comments	17
Sample Attestation Form	5	Misconduct	17
Examination Fees	6	Copyrighted Examination Questions	17
Confirmation of Application Submission	6	POST EXAMINATION	18
Audit	6	Examination Results and Notification	18
Accommodation of Candidates with Disabilities	6	Test Scoring	18
Telecommunication Devices for the Deaf	7	Certificates and Designation	18
Name/Address Change	7	Reexamination	18
SCHEDULING THE EXAMINATION	8	Scores Cancelled by the HMDCB or AMP	18
Testing Partner	8	Verification of Scores	18
Examination Administration	8	Duplicate Score Report	19
Assessment Center Locations	8	Recertification	19
Scheduling an Examination	8	POLICIES	20
Rescheduling an Examination	8	Confidentiality	20
Transfers	8	Revocation and Misconduct Policy	20
Withdrawal (cancellation)	8	Reconsideration and Appeals	20
Missed Appointments/No Shows	9	REQUEST FOR SPECIAL EXAMINATION	
Inclement Weather, Power Failure or Emergency	9	ACCOMMODATIONS	21
PREPARING FOR THE EXAMINATION	10	DOCUMENTATION OF DISABILITY-RELATED	
Resources	10	NEEDS	22

All questions and requests for information about the **Hospice Medical Director certification program** should be directed to:

Hospice Medical Director Certification Board
 8735 W. Higgins Road, Suite 300
 Chicago, IL 60631
 Phone: 847-375-6740
 Fax: 847-375-6739
 Email: info@hmdcb.org
 Website: www.hmdcb.org

All questions and requests for information about **examination scheduling** should be directed to:

Applied Measurement Professionals, Inc.
 18000 W 105th St.
 Olathe, KS 66061-7543
 Phone: 913-895-4600
 Fax: 913-895-4650
 Website: www.goAMP.com

GENERAL INFORMATION

About This Handbook

The purpose of this candidate handbook is to provide information on examination administration requirements for active candidates who endeavor to earn certification by the Hospice Medical Director Certification Board (HMDCB).

Candidates are responsible for reading this guide in its entirety and understanding its contents. This candidate guide is **only a guide**. All information in this document may be revised, updated and amended at any time without notice. This most recent candidate guide, found on the HMDCB website, supersedes all previous versions.

Hospice Medical Director Certification Board

HMDCB was established in 2012 to serve as an independent, not-for-profit corporation to design, implement and evaluate a certification program for hospice medical directors and other physicians who provide hospice care for patients. HMDCB was founded by individuals with years of experience in the field of hospice and palliative medicine who are dedicated to improving the quality and consistency of care provided by local hospices.

Only HMDCB is responsible for the development, administration, and evaluation of the certification program. The HMDC credential promotes the professional competence, established standards and ethical practice of hospice physicians. The role of hospice medical directors in the United States requires a special subset of knowledge, with complicated regulatory, administrative and ethical aspects in addition to expertise in clinical care.

HMDCB is governed by an eight-member board of directors representing diverse backgrounds, practice settings and training pathways in the field of hospice and palliative medicine and includes one non-physician member representing the public. HMDCB's mission is to relieve suffering and improve quality of life by promoting the excellence and professional competency of hospice medical directors.

HMDCB receives no public funds and has no licensing function. Its business plan is to be self-funded by the fees paid by candidates. Any income that exceeds expenses will be invested in the continued improvement of the certification and recertification process.

Non-Discrimination Policy

HMDCB and Applied Measurement Professionals, Inc. (AMP) do not discriminate against candidates for examination, certification, or recertification on the basis of age, gender, race, color, religion, national origin, disability, marital status or any other protected classification under state or federal law.

About Board Certification

The HMDC credential is granted by HMDCB to identify hospice medical directors who demonstrate that they have acquired the knowledge and skills necessary to practice in a hospice setting. The purpose of this specialty certification is to provide an objective national standard for hospice medical directors and physicians who provide hospice care that can be used as a measure of professional excellence by interested agencies, groups and individuals.

The high standards of the certification program are upheld by the close working relationships between HMDCB, volunteer content experts, and testing experts. HMDCB adheres to the standards of the National Commission for Certifying Agencies (NCCA) in the development and implementation of its certification program, as well as the 1999 guidelines issued in the Standards for Educational and Psychological Testing, and all federal and legal regulations, such as the *Uniform Guidelines on Employee Selection Procedures*, which provides a research framework that may be used as a basis for maintaining the validity of certification and licensing programs.

The certification program is not designed to determine who is qualified or who shall engage in hospice care, but rather to promote excellence and professionalism by documenting individual performance as measured against a predetermined level of knowledge about hospice care. HMDCB's certification examination is a valid, reliable and legally defensible assessment instrument that measures the competence of potential certificants against a codified and relevant body of hospice tasks. A cooperative effort by HMDCB, AMP and practicing hospice physicians resulted in the definition of tasks significant to the practice of hospice care (e.g., the content blueprint); these competencies are included in the certification examination.

CERTIFICATION REQUIREMENTS

Eligibility Requirements

At the time of application, all candidates must hold a current, unrestricted license to practice medicine in the United States, its territories or Canada, conform to HMDCB's Code of Professional Conduct and demonstrate a minimum of 400 hours of broad hospice-related activities* during the previous five years.

In addition to these general requirements, candidates must meet at least one of the following eligibility requirements:

1. Practice Pathway: Two years of work experience in a hospice setting

OR

2. Certification Pathway: Current, valid board certification in the subspecialty of hospice and palliative medicine through the American Board of Hospice and Palliative Medicine (ABHPM), the American Board of Medical Specialties (ABMS), or the American Osteopathic Association (AOA),

OR

3. Training Pathway: Successful completion of a 12-month clinical hospice and palliative medicine training program accredited by the Accreditation Council for Graduate Medical Education (ACGME) or AOA.

**Hospice-related activities are defined as activities within the hospice setting as outlined in the content blueprint (e.g., engagement in an interdisciplinary group, patient care, certification process, medication management, participating in performance improvement and administrative activities).*

It is the responsibility of the candidate to inform HMDCB immediately upon any changes to their license status following submission of their application or earning their HMDC.

Code of Professional Conduct

Certification by the HMDCB carries an obligation for ethical behavior and professionalism in all conduct. The ethical behavior and professionalism expected of all candidates includes:

- submitting accurate, valid application information
- respecting the confidentiality of examination questions and content
- maintaining an unrestricted medical license in the United States, its territories, or Canada
- accurately representing certification status at all times
- maintaining ethical and professional behavior in all conduct

HMDCB candidates will be required to sign a statement affirming adherence to the code when submitting their application.

APPLYING FOR THE EXAMINATION

November 23, 2015	Online application cycle opens
February 22, 2016	Last day to submit application without late fee assessment of \$250
March 21, 2016	Final deadline to apply for 2016 examination (\$250 late fee assessed)
April 11, 2016	Last date to submit special examination accommodations documentation
April 19, 2016	Last date to withdraw from 2016 examination without penalty of full cancellation fee
April 25, 2016	Last date to schedule initial examination appointment with Applied Measurement Professionals, Inc. (AMP)
May 19 - June 6, 2016	Examination testing window
July 2016	Expected release of examination results

Application Instructions

Examination applications are available during the application cycle on the HMDCB website at www.hmdcb.org. The instructions guide candidates through the application process. The online application must be completed via laptop or desktop computer. The application is not supported by mobile devices. Candidates must submit their applications with payment to HMDCB during the application cycle. No application will be considered without complete information and full payment.

To access the application, visit www.hmdcb.org.

- Candidates will be directed to a log-in screen. If you have already provided HMDCB with your contact information, please use your log-in information to sign in. If you have not received emails from HMDCB or provided your contact information, please create a new account.
 - Once logged in, you will be directed to your profile page. Click Certification on the left-hand navigation bar to access the application.
 - Demographic information will inform HMDCB about the scope of practice, geographical distribution, and interests of HMDCB candidates. When finished, click Continue.
 - Click Apply for Certification. Candidates will see several tabs at the top of the page. A red tab means the section is incomplete. A green tab means that the section is complete.
- Only after you have completed ALL of the following tasks will the application be considered complete:
- Ensure the name on the application matches the name on the identification to be used for admission to the Assessment Center (see section on identification requirements). Select whether special testing accommodations are required.
 - Provide your current medical license information.
 - Provide your employment information, including your employer, position, start and end dates, type of organization, and number of hours worked per year.
 - Complete **one** Pathway tab: *Practice, Certification, or Training*
 - If applying through the *Practice Pathway*, a completed verification statement signed by the hospice senior administrator attesting that the applicant meets all of the criteria under Eligibility Requirements above is required.
 - If applying through the *Certification Pathway*, the primary Medical Board through which your subspecialty certification was given and the number and expiration date of your certificate is required.
 - If applying through the *Training Pathway*, the contact information for the accredited hospice and palliative medicine training program where you completed the necessary 12 months of training is required.
 - Pay all required fees for the examination.



ATTESTATION OF WORK EXPERIENCE IN A HOSPICE SETTING

(To be completed if applying through the Practice Pathway only)

In order to be considered eligible to take the Hospice Medical Director Certification Board® (HMDCB) examination through the practice pathway, candidates must provide verification of a minimum two (2) years' work experience in a hospice setting during the last five (5) years preceding application, including a minimum of 400 hours of broad hospice-related activities*. This form must be signed by the Senior Hospice Administrator of the hospice in which the candidate was employed or contracted, attesting to its accuracy.

**Hospice-related activities are defined as activities within the hospice setting as outlined in the hospice blueprint (eg, engagement in IDG, patient care, certification process, medication management, performance improvement, and administrative activities).*

HMDCB will audit a percentage of all newly selected applications to ensure compliance with the eligibility requirements. Senior Hospice Administrators may be contacted to verify the above information if the candidate is selected for audit.

SAMPLE

Completed by Candidate:

Candidate Name (print): _____

Indicate below the dates employed by a hospice, totaling a minimum of two years within the last five (5) years.

Dates Employed (mm/dd/yyyy): From: _____ To: _____

Average Hours Worked per Month: _____

Completed by Senior Hospice Administrator:

I attest that the above information regarding employment of this candidate in a hospice setting is true.

PRINT Name of Senior Hospice Administrator

Signature of Senior Hospice Administrator

Title

Date

Name of Hospice: _____

Address: _____

City, State/Province _____ ZIP/Postal Code _____

Phone Number of Senior Hospice Administrator: (____) _____

E-Mail of Senior Hospice Administrator: _____

If candidate was employed by more than one hospice, please provide a separate form from each.

Examination Fees

Certification examination fees are set by the HMDCB Board of Directors. The 2016 certification examination fee is \$1,100; this fee must accompany the application. Candidates who apply after February 22, 2016, will be assessed an additional late fee of \$250. The examination fee covers application review, administrative costs, and testing company fees.

Payment of the examination fee may be made by credit card or check made payable to the Hospice Medical Director Certification Board. If paying by check, candidates will be required to print the application and mail it with full payment to HMDCB, PO Box 3781, Oak Brook, IL 60522. Until full payment has been received by HMDCB, the application will not be processed, and the examination cannot be scheduled.

An additional \$25 will be charged for any returned checks or rejected credit cards to cover additional handling fees and service charges imposed by the bank or credit card company. A candidate's cancelled check or credit card receipt serves to document payment for the examination.

Confirmation of Application Submission

Upon submitting the application and payment, candidates will automatically receive an email from HMDCB informing them that the application and payment have been received. If eligibility is denied, the candidate will be contacted by HMDCB. Within 15 business days of receipt of the application and payment, candidates will receive email instructions and a postcard from the testing company, AMP, on how to schedule the examination. The notices will include a Web address and toll-free telephone number (US) for AMP along with detailed instructions for scheduling the examination. If the notices from AMP are not received within three weeks of submission, please contact HMDCB at 847-375-6740 or info@hmdcb.org.

It is the sole responsibility of HMDCB examination candidates to be aware of and comply with registration deadlines. In fairness to all candidates, the HMDCB Board of Directors will strictly adhere to its published registration deadlines for all examinations. Candidates are encouraged to apply early in the registration period to avoid late fees or problems. Issues arising from one's inability to log on to the HMDCB application system (e.g., forgotten user name or password,

technical difficulties, operator error) must be resolved, and all components of the application, including payment, completed prior to published deadlines. The HMDCB staff will make every effort to promptly assist with all issues as they arise; however, candidates are responsible for contacting HMDCB for assistance well in advance of deadlines.

If a physician submits an application for the certification examination and is deemed ineligible, the examination fee will be retained by HMDCB.

Audit

In order to maintain the integrity of the program and to verify the accuracy of the information submitted by candidates for certification or recertification, HMDCB will audit a percentage of randomly selected applications each year. Other applications may be audited at the discretion of HMDCB. Candidates whose applications are selected for audit will be notified and required to provide the documentation requested. During the audit process, candidates are encouraged to proceed with scheduling their examination. The candidate's signature on his or her examination application duly authorizes the HMDCB to conduct such independent verification.

Candidates who fail the audit, fail to respond satisfactorily to the receipt of an audit notification, or refuse to submit to an audit will forfeit all fees and will be subject to disciplinary action in accordance with the revocation and misconduct policy.

Accommodation of Candidates with Disabilities

HMDCB and AMP comply with the provisions of the Americans with Disabilities Act in providing reasonable accommodations to eligible candidates. Reasonable accommodations provide candidates with disabilities a fair and equal opportunity to demonstrate their knowledge and skill in the essential functions being measured by the examination. Reasonable accommodations are approved or denied based upon the individual's specific request, disability, documentation submitted and appropriateness of the request. Reasonable accommodations do not include steps that fundamentally alter the purpose or nature of the examination, influence the examination results or result in an undue burden.

Verification of the disability and a statement of the specific type of assistance needed **must be made in writing** at least 45 calendar days prior to a candidate's desired examination date by completing the *Request for Special Examination Accommodations* form. Submit it to AMP along with the *Documentation of Disability-Related Needs* form (which must be completed by an appropriate licensed professional). AMP will review the submitted forms and contact the candidate regarding the decision for accommodations.

Candidates requesting special accommodations must call AMP at 888-519-9901 to schedule their examination. Wheelchair access is available at all established Assessment Centers. Candidates must advise AMP at the time of scheduling that wheelchair access is necessary. Candidates with visual, sensory, physical or learning disabilities that would prevent them from taking the examination under standard conditions may request special accommodations and arrangements.

Telecommunication Devices for the Deaf

AMP is equipped with Telecommunication Devices for the Deaf (TDD) to assist deaf and hearing-impaired candidates. TDD calling is available 8:30 a.m. to 5:00 p.m. (Central Time) Monday thru Friday at 913-895-4637. This TDD phone option is for individuals equipped with compatible TDD machinery.

Name/Address Change

It is the candidate's responsibility to notify the HMDCB office of any changes in contact information prior to the examination. Candidates also may indicate address and name changes at the time of the application. Notification of admission to the examination, communication of test results and delivery of information regarding renewal of certification depend on HMDCB having current information.

SCHEDULING THE EXAMINATION

Testing Partner

Applied Measurement Professionals, Inc. (AMP) is the professional testing agency contracted by HMDCB to assist in the development, administration, scoring and analysis of the HMDCB examination. AMP is engaged in educational and occupational measurement and provides examination development and administration to a variety of credentialing programs.

Examination Administration

Examinations are delivered by computer at more than 190 AMP Assessment Centers located throughout the United States. Computer examinations are administered by appointment only Monday through Friday at 9:00 a.m. and 1:30 p.m. Saturday appointments may be scheduled based on availability. Available dates will be indicated when scheduling the examination. Appointments are scheduled on a first-come, first-served basis.

Assessment Center Locations

AMP Assessment Centers have been selected to provide accessibility to the most candidates in all states and major metropolitan areas. A current listing of AMP Assessment Centers, including addresses and driving directions, may be viewed on AMP’s website at www.goAMP.com. Specific address information will be provided when examination appointments are scheduled.

Scheduling an Examination

There are two ways to schedule the examination after receiving your scheduling notice from AMP:

1. **Online Scheduling:** Go to www.goAMP.com at any time and select “Schedule/Apply for an Exam.” Follow the simple, step-by-step instructions to choose the HMDCB examination and register.

OR

2. **Telephone Scheduling:** Call AMP at 888-519-9901 to schedule an examination appointment. This toll-free number is answered from 7:00 a.m. to 9:00 p.m. (Central Time) Monday through Thursday, 7:00 a.m. to 7:00 p.m. on Friday, and 8:30 a.m. to 5:00 p.m. on Saturday. Those who have requested special accommodations must schedule their examination by telephone.

When scheduling an examination appointment, be prepared to confirm a location and a preferred date and time for testing. Candidates will be asked to provide their unique identification number. Candidates will be notified of the time to report to the Assessment Center, and, if an email address is provided, an email confirmation notice will be sent.

Rescheduling an Examination

Candidates who wish to change assessment center locations or reschedule their appointment for a different date or time within the testing window may do so one time at no charge by calling AMP at 888-519-9901 at least two business days prior to the scheduled appointment. The following schedule applies.

If the Examination is scheduled on...	AMP must be contacted by 3:00 p.m. Central Time to reschedule the Examination by the previous...
Monday	Wednesday
Tuesday	Thursday
Wednesday	Friday
Thursday	Monday
Friday	Tuesday

Transfers

Examination fees may not be transferred to a future testing window.

Withdrawal (cancellation)

Candidates who wish to withdraw from the examination must contact the HMDCB office in writing, either by regular mail or email sent to info@hmdcb.org. Telephone requests will not be honored. Examination withdrawals received by the HMDCB office at least 30 days prior to the examination window will receive a refund of their application fee minus a \$250 administrative fee. Examination withdrawals received by the office fewer than 30 days prior to the examination window will receive no refund. Refunds will be issued directly to the party who paid the fee.

Missed Appointments/No Shows

Candidates who fail to appear for the scheduled appointment or who arrive more than 15 minutes after the scheduled testing time will be denied entrance to the examination, and all fees will be forfeited.

Inclement Weather, Power Failure or Emergency

In the event of inclement weather or unforeseen emergencies on the day of an examination, AMP will determine whether circumstances warrant the cancellation, and subsequent rescheduling, of an examination. The examination will usually not be rescheduled if the Assessment Center personnel are able to open the Assessment Center.

Candidates may visit AMP's website at www.goAMP.com prior to the examination to determine if AMP has been advised that any Assessment Centers are closed. Every attempt is made to administer the examination as scheduled; however, should an examination be canceled at an Assessment Center, all scheduled candidates will receive notification following the examination regarding rescheduling procedures.

If power to an Assessment Center is temporarily interrupted during an administration, the examination will be restarted. The responses provided up to the point of interruption will be intact, but for security reasons the questions will be scrambled.

PREPARING FOR THE EXAMINATION

Resources

HMDCB does not provide a reference list or review materials. The board does publish a content blueprint (see below or visit www.hmdcb.org), providing detailed information on the content areas to expect on a typical examination. Candidates are strongly encouraged to become familiar with the content blueprint in preparation for the examination and use it to provide guidance on areas where they may need further study.

Other options for preparation might include:

- journal articles, textbooks, federal regulations or other publications related to the content blueprint
- examination preparation or continuing education programs and courses
- sample test questions printed in this candidate handbook.

Other federal agencies and related organizations in the field of hospice and palliative medicine may offer materials or review/preparatory courses relevant to the examination for HMDC candidates. HMDCB neither sponsors nor endorses training, educational opportunities or preparatory courses for the HMDCB examination.

The list below is for informational purposes only. This is not intended to be a comprehensive list of sources.

American Academy of Hospice and Palliative Medicine (AAHPM)

847-375-4712

www.aahpm.org

Centers for Medicare & Medicaid Services/Conditions of Participation for Hospices (CoPs)

www.cms.gov

National Hospice and Palliative Care Organization (NHPCO)

703-837-1500

www.nhpco.org

State hospice organizations

www.hospicedirectory.org/cm/about/state_hospice

Detailed Content Blueprint¹

Approximate
Percent² of
Examination³

1. Patient and Family Care

17%

- A. Oversee and manage:
 - 1. family meetings
 - 2. goals of care
 - 3. do not resuscitate (DNR) orders/orders for life-sustaining treatment
 - 4. conflict resolution
 - 5. withdrawal of life-sustaining therapies
 - 6. palliative sedation
 - 7. medication review
- B. Assess patient and family with regards to cultural and personal diversities
- C. Educate the patient and family (e.g., disease trajectory, prognosis, symptom management, impending death, and complication anticipation)
- D. Assess and document the patient's decision-making capacity
- E. Serve as a patient advocate
- F. Facilitate legal surrogate's role in decision making
- G. Support the family through the moment of death
- H. Ensure provision of primary care to hospice patients (e.g., when primary physician is not available)
- I. Recognize social problems experienced by hospice patients and their families and collaborate with the interdisciplinary group to assess and manage them
- J. Assess and resolve issues with family dynamics (e.g., coping styles, psychological defenses, and developmental stages)

2. Medical Knowledge

26%

- A. Assess and differentiate types of pain including total pain
- B. Assess and manage:
 - 1. acute and chronic pain
 - 2. medications for pain
 - 3. non-opioid medications for pain
 - 4. non-pain symptoms*
 - 5. non-pharmacologic measures for pain and non-pain symptoms (complementary and alternative therapies)
 - 6. disorders* (e.g., delirium, dementia, depression, and anxiety)
- C. Demonstrate knowledge of:
 - 1. the physical, emotional, spiritual, and psychosocial dimensions of care
 - 2. settings where hospice and palliative care are provided
 - 3. patient assessment and management across hospice care settings
 - 4. addiction, pseudo-addiction, opioid toxicity, and dependence and tolerance
 - 5. brain death, persistent vegetative state, and minimally conscious state
 - 6. normal and complex grief
 - 7. pediatric life-threatening conditions
 - 8. signs and symptoms of impending death
 - 9. various routes of medication delivery
 - 10. palliative sedation
- D. Manage medical conditions commonly encountered in hospice care
- E. Assess and manage of risk associated with drug abuse, addiction and diversion
- F. Identify indications for interventional symptom management, including radiation therapy*
- G. Formulate and certify prognosis for hospice patients by:
 - 1. Reviewing available clinical data* (e.g., comorbid and secondary conditions, medical findings, disease progression, medications and treatment orders)
 - 2. Understanding the patient's and family's expectations and goals for care
- H. Demonstrate knowledge of, and recognize limitations of, evidence-based medicine in hospice care

Detailed Content Blueprint¹

Approximate
Percent² of
Examination³

3. Medical Leadership and Communication

21%

- A. Demonstrate interpersonal communication skills*
- B. Model empathic communication (e.g., expression of compassion)
- C. Communicate with referring and consultant clinicians about the care plan
- D. Facilitate conflict resolution and 'service recovery'*
- E. Explain physician culture and behaviors to hospice staff
- F. Educate hospice staff about communication with physicians
- G. Provide ongoing education for hospice staff
- H. Provide education of the community at large
- I. Provide emotional support to staff around difficult decisions and care scenarios
- J. Communicate the mission of hospice to hospital administrators, clinicians, and community at large
- K. Facilitate the interdisciplinary group process
- L. Demonstrate the ability to reflect on his/her personal leadership style and use different styles to suit the situation and goals
- M. Demonstrate skill as a supervisor and mentor
- N. Supervise team providers (e.g., physician and nurse practitioner) related to:
 - 1. certification and recertification*
 - 2. development of a plan of care
 - 3. symptom management
 - 4. clinical assessments and face-to-face encounters
 - 5. pharmacy and formulary management
 - 6. performance improvement
 - 7. fatigue and burnout
 - 8. documentation of care
 - 9. billing and coding
- O. Provide oversight of skills management for hospice staff

4. Professionalism

10%

- A. Recognize and manage fatigue and burnout
- B. Practice active self-care
- C. Demonstrate boundaries with colleagues, patients, and families and help interdisciplinary group members do the same
- D. Recognize and accept responsibility for errors when appropriate
- E. Disclose medical errors in accord with institutional policies and professional ethics
- F. Make recommendations to attending and consulting physicians(s) and coordinate medical care
- G. Collaborate with other health professionals to coordinate the plan of care
- H. Demonstrate commitment to continuing professional development and lifelong learning
- I. Seek feedback and engage in the self-assessment process

5. Systems-Based Practice

25%

- A. Apply knowledge of ethics and law related to:
 - 1. informed consent
 - 2. confidentiality
 - 3. decision-making capacity for patient and surrogate
 - 4. limits of surrogate decision-making
 - 5. truth-telling
 - 6. withholding/withdrawing life-sustaining therapies*
 - 7. medical futility
 - 8. use of artificial hydration and nutrition*
 - 9. physician-aided dying (assisted suicide)
 - 10. euthanasia
 - 11. principle of double effect

Detailed Content Blueprint¹

Approximate
Percent² of
Examination³

- 12. organ donation
- 13. nurse-physician collaboration
- 14. indications for referring to an ethics consultant
- 15. conflicts of interest
- B. Demonstrate knowledge of hospice regulation and reimbursement
- C. Utilize local coverage determinations and understand limitations*
- D. Participate in the process of:
 - 1. additional development requests (ADR)
 - 2. redetermination or reconsideration
 - 3. testifying to the Administrative Law Judge
 - 4. differentiate and respond to technical and medical denials
- E. Participate in the following aspects of the survey process:
 - 1. the role of clinical documentation
 - 2. focused or targeted medical review
 - 3. of a Corrective Action Plan
- F. Ensure patient access to allied health professionals (e.g., speech therapist, nutritionist)
- G. Comply with legal and regulatory issues surrounding opioid prescribing
- H. Comply with Medicare/Medicaid Hospice Benefit* (e.g., Conditions of Participation, requirements for certification, related/unrelated to terminal diagnosis, and levels of hospice care)
- I. Perform pre-hospice consultation
- J. Ensure compliance with accreditation policies (e.g., The Joint Commission, CHAP)
- K. Understand these elements of quality improvement (QI) in the hospice setting:
 - 1. differentiate quality assurance and performance improvement*
 - 2. role of clinical indicators
 - 3. approach to data collection for quality review
 - 4. role of focused QI studies
- L. Assist in the design of clinically relevant quality-of-care outcome measures
- M. Use data to demonstrate clinical, utilization, and financial outcomes of hospice care
- N. Demonstrate awareness of and adherence to patient safety standards
- O. Observe hospice policy (e.g., related to infection control, employee safety, emergency preparedness, harassment)
- P. Promote the role of the medical director as a member of the leadership team
- Q. Develop strategies to manage barriers to utilization of medications (including controlled drugs) in different clinical care settings

* Indicates content that should be represented on every exam.

¹Each test form will include 15 unscored pretest items in addition to the 150 scored items.

²The total percentage does not equal 100 due to rounding.

³Cognitive Levels: Approximately 12 percent of items will require Recall on the part of the candidate, 60 percent will require Application of knowledge, and 28 percent will require Analysis.

Sample Questions

1.

When assessing a patient's decision-making capacity, a hospice medical director should consider if the patient

- A. is alert and oriented to date, time, and place.
- B. can understand relevant information and express a choice.
- C. is not under the influence of any controlled substances.
- D. does not have mental pathology or cognitive deficits.

2.

Six months after being diagnosed with medulloblastoma, a 4-year-old child is referred to hospice. The child is withdrawn and not answering questions about her pain. Which of the following is the most useful indicator of pain in this child?

- A. restricted movement
- B. decreased appetite
- C. elevated heart rate
- D. decreased oxygen saturation

3.

A 58-year-old woman with breast cancer metastatic to bone is transferred to an inpatient hospice unit for management of uncontrolled back pain. The hospice physician orders a hydromorphone infusion at a basal rate of 0.5 mg/hour. A few hours after starting the infusion, the patient had respiratory depression and died. After reviewing the case, it was determined that the pharmacy had programmed infusion for 5.0 mg/hour, and the nurse did not notice the error. In the family meeting, the hospice medical director should

- A. ask the hospice risk manager to intervene.
- B. request that the pharmacist disclose the error.
- C. request the nurse take responsibility and disclose the error.
- D. take responsibility for the error and inform the family.

4.

To bill for medical management for a diagnosis unrelated to the hospice diagnosis, a community physician should bill

- A. hospice.
- B. Medicare Part B using the GV modifier.
- C. Medicare Part B using the GW modifier.
- D. Medicare Part A.

5.

A hospice medical director (HMD) was recently involved in the care of a friend who died at home while receiving hospice services. The HMD made frequent visits and was close to the patient. After the friend's death, the HMD felt fatigued, irritable, impatient, and argumentative. The HMD should

- A. expect the feeling to resolve spontaneously.
- B. initiate antidepressant therapy.
- C. engage with the interdisciplinary group for counseling.
- D. seek peer support.

6.

A hospice patient with widely metastatic cancer desires organ donation after death. Which of the following can be donated for clinical use?

- A. kidney
- B. heart
- C. cornea
- D. stem cells

Answer Key:	
1 – B	4 – C
2 – A	5 – D
3 – D	6 – C

EXAMINATION DAY

The HMDCB examination consists of 165 multiple-choice questions and will be given via computer at an AMP Assessment Center. Candidates do not need any computer experience or typing skills to take the computer examination. On the day of the examination appointment, a candidate will not be allowed entrance to the testing center more than 15 minutes prior to their appointment. However, IF A CANDIDATE ARRIVES MORE THAN 15 MINUTES AFTER THE SCHEDULED TESTING TIME, THEY WILL NOT BE ADMITTED.

Identification

To gain admission to the assessment center, candidates must present two forms of identification. The primary form must be government issued, current and include a name, signature and photograph. No form of temporary identification will be accepted. Candidates will also be required to sign a roster for verification of identity.

- Examples of valid primary forms of identification are: driver's license with photograph; state identification card with photograph; passport; military identification card with photograph.
- The secondary form of identification must display the candidate's name and signature for signature verification (e.g., credit card with signature, social security card with signature, employment/student ID card with signature).
- If a candidate's name on their registration is different than it appears on the identification, candidates must bring proof of their name change (e.g., marriage license, divorce decree or court order).

Without acceptable forms of identification, candidates will not be allowed to test and will forfeit the examination fee. AMP reserves the right to deny a candidate from taking the examination if there is a question in regards to the validity of the ID(s).

Security

AMP administration and security standards are designed to ensure all candidates are provided the same opportunity to demonstrate their abilities. The Assessment Center is continuously monitored by audio and video surveillance equipment for security purposes.

The following security procedures apply during the examination:

- Examinations are proprietary. No cameras, notes, tape recorders, pagers or cellular/smart phones are allowed in the testing room. Possession of a cellular/smart phone or other electronic devices is strictly prohibited and will result in dismissal from the examination.
- No calculators are allowed.
- No guests, visitors or family members are allowed in the testing room or reception areas.

Personal Belongings

No personal items, valuables or weapons should be brought to the Assessment Center. Only wallets and keys are permitted. Large coats and jackets must be left outside the testing room. Candidates will be provided a soft locker (a small backpack) to store wallet and/or keys in the testing room. The proctor will lock the soft locker prior to the candidate entering the testing room. Candidates will not have access to these items until after the examination is completed. Please note that wallets, watches, keys and hats will not be allowed in the testing room except securely locked in the soft locker.

Once personal belongings have been placed in the soft locker, candidates will be asked to pull out their pockets to ensure they are empty. If candidates bring personal items that will not fit in the soft locker, they will not be able to test. The site will not store or be responsible for personal belongings.

If any personal items are observed or heard (e.g., cellular/smart phones, alarms) in the testing room after the examination is started, the candidate will be dismissed and the administration will be forfeited.

Examination Restrictions

- Pencils will be provided during check-in.
- Candidates will be provided with one piece of scratch paper at a time to use during the examination, unless noted on the sign-in roster for a particular candidate. Candidates must return the scratch paper to the proctor at the completion of testing or they will not receive their score report.
- No documents or notes of any kind may be removed from the Assessment Center.

- No questions concerning the content of the examination may be asked during the examination.
- Eating, drinking or smoking is not permitted in the Assessment Center.
- Candidates may take a break whenever they wish, but will not be allowed additional time to make up for time lost during breaks.

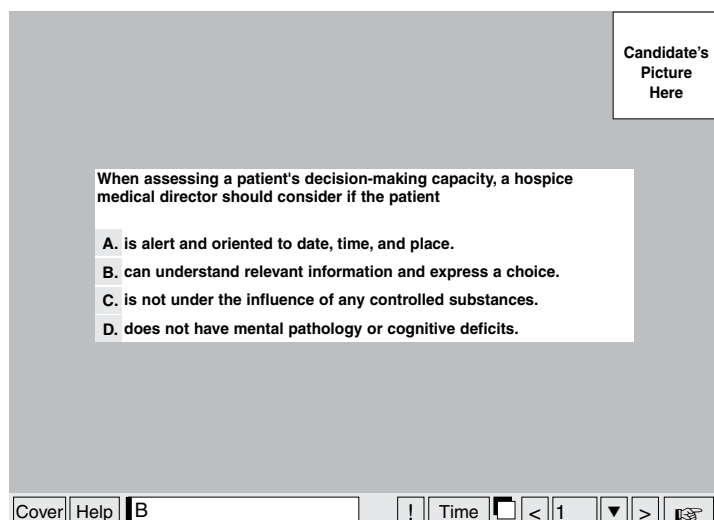
Practice Examination

After the candidate's identification has been confirmed, they will be directed to a testing carrel and instructed on-screen to enter their unique identification number. A photograph of the candidate will be taken which will remain on screen throughout the examination session. Prior to attempting the examination, candidates will be given the opportunity to practice taking an examination on the computer. The time taken for this practice examination is NOT counted as part of the examination time or score. Once comfortable with the computer testing process, candidates may quit the practice session and begin the timed examination.

Candidates who wish to see and practice navigating within the computer-based testing environment before their examination date, have access to a free online computer-based testing tutorial. Visit AMP's store at www.LXR.com and follow the instructions to access a Sample Web Test.

Timed Examination

Following the practice examination, candidates will be allowed up to three hours to answer 165 multiple choice questions for the examination. Before beginning, instructions for taking the examination are provided on-screen.



The computer monitors the time spent on the examination. The examination will terminate if the time allowed is exceeded. Candidates may click on the "Time" box in the lower menu bar on the screen to monitor time. A digital clock indicates the time remaining to complete the examination. The Time feature may be turned off during the examination.

Only one examination question is presented at a time. The question number appears in the lower right of the screen. Choices of answers to the examination question are identified as A, B, C or D. Candidates must indicate their choice by either typing the letter in the response box in the lower left portion of the computer screen or clicking on the option using the mouse. To change an answer, enter a different option typing in the letter in the response box or by clicking on the option using the mouse. Candidates may change their answer as many times as they desire during the examination time limit.

To move to the next question, click on the forward arrow (>) in the lower right portion of the screen. This action will move a candidate forward through the examination question by question. To review any question(s), click the backward arrow (<) or use the left arrow key to move backward through the examination.

An examination question may be left unanswered for return later in the examination session. Questions may also be bookmarked for later review by clicking in the blank square to the right of the Time button.

To identify all unanswered and/or bookmarked questions, click on the hand icon. When the examination is completed, the number of examination questions answered is reported. If not all questions have been answered and there is time remaining, candidates may return to the examination and answer those questions. Be sure to provide an answer for each examination question before exiting the examination.

There is no penalty for guessing.

Candidate Comments

During the examination, comments may be provided for any question by clicking on the button displaying an exclamation point (!) to the left of the Time button. This opens a dialogue box where comments may be entered. Comments will be reviewed, but individual responses will not be provided. Candidates may also leave comments regarding the testing facility with the proctor after completing their examination.

Misconduct

Candidates will be observed at all times while taking the examination. This includes direct observation by assessment center proctors as well as video and audio monitoring of computer-based testing sessions. Test proctors are required to report to HMDCB any irregular or improper behavior by a candidate. Irregular behavior may include but is not limited to the following

- creating a disturbance or being abusive or otherwise uncooperative
- talking

- giving or obtaining information or aid;
- looking at the test materials of others;
- making notes, except on the paper provided by and returned to the proctor;
- displaying or using electronic devices (e.g., pagers, cell phones)
- attempting to take the examination for someone else
- failing to comply with time limits or instructions.

HMDCB and AMP will work together to thoroughly investigate any reports of irregularities at an assessment center, and HMDCB holds the authority to cancel any score resulting from an irregularity.

Copyrighted Examination Questions

All examination questions are the copyrighted property of HMDCB. It is forbidden under federal copyright law to copy, reproduce, record, distribute or display these examination questions by any means, in whole or in part. Doing so may subject candidates to severe civil and criminal penalties.

POST EXAMINATION

After completing the examination, candidates will be asked to complete a short evaluation of their experience then report to the examination proctor to receive an examination completion report.

Examination Results and Notification

Approximately 7-8 weeks after the end of the testing window, candidates will receive a written score report from HMDCB detailing the examination results and feedback on their performance in the major competency areas tested. This delay is necessary to allow the HMDCB Examination Committee and AMP time to ensure the valid and reliable scoring of the assessment. HMDCB will not report scores by phone, email or fax.

Test Scoring

The methodology used to set the minimum passing score was the Angoff method, applied during a passing point study conducted by a panel of experts in the field. The experts evaluated each question on the examination to determine how many correct answers would be necessary to demonstrate the knowledge and skills required to pass. A candidate's ability to pass the examination depends on the knowledge and skills demonstrated, not on the performance of other candidates. Passing points for subsequent forms of the examination should be based on statistical equating to maintain a comparable standard of competence.

Certificates and Designation

Candidates who have achieved certification by passing the examination will receive a personalized certificate verifying their certification and will be entitled to use the Hospice Medical Director Certified (HMDC) designation with their name. HMDCB will print the name of the candidate as it appeared on the online application. Duplicate or replacement certificates may be requested by submitting the Certificate Reorder Form along with the required fee of \$15 at www.hmdcb.org.

The HMDC credential signifies that an individual has completed the requirements for the certification or renewal of certification. The HMDCB grants limited permission to

individuals who have met all of the certification or renewal of certification requirements and received such notification from the HMDCB to use the HMDC designation. Use of the HMDC credential by individuals who have not been granted certification or renewal of certification, or who have failed to properly maintain certification in good standing is prohibited. Improper use of the credential may result in disciplinary action.

Reexamination

Candidates who fail the HMDCB examination may retake it upon submission of a new application and payment of the examination fees in effect at that time. Eligible candidates may test one time per calendar year.

Scores Cancelled by the HMDCB or AMP

HMDCB and AMP are responsible for the validity and integrity of the scores they report. On occasion, occurrences such as computer malfunction or misconduct by a candidate may cause a score to be suspect. AMP reserves the right to void or withhold examination results if, upon investigation, any violation of its regulations is discovered.

Verification of Scores

In computer-delivered testing, the computer accepts responses from a keyboard or mouse in digitized form. As a result, computer-administered testing eliminates problems that may have previously arisen with scanning paper-and-pencil answer sheets, since all responses are recorded by candidates during their examination. However, verification of examination scores from electronic responses can be requested in writing for a fee of \$25. Requests must be submitted to AMP, in writing, no later than 12 months after the examination administration date, and must include the candidate's name, unique identification number, mailing address, and examination date. Please allow 10 business days for processing requests. Requests should be mailed to AMP, 18000 W 105th St., Olathe, KS 66061.

Duplicate Score Report

Candidates may purchase additional copies of their score reports at a cost of \$25 per copy. Requests must be submitted to HMDCB in writing within one year of the examination. Duplicate score reports will be mailed within approximately one week of receipt of the request and payment. Please contact HMDCB for more information.

Recertification

HMDCB certification provides a mechanism by which hospice medical directors and physicians who provide hospice care can affirm their expertise; experience; and

commitment to hospice patient care, administration, and leadership. However, certification is intended to be only the beginning of a physician's process of continuing education and lifelong learning. As the field of hospice and palliative medicine grows, the need for ongoing opportunities for physicians to stay abreast of advancements and changes in their field also will grow. HMDCB is developing a recertification program to guide physicians in this ongoing education and recertification process and help them keep pace with this rapidly evolving profession. Initial certification is valid for six years. Physicians can visit www.hmdcb.org to learn more.

POLICIES

Confidentiality

Information about candidates and their examination results are considered confidential. Studies and reports concerning candidates will contain no information that identifies any candidate, unless authorized by that individual.

Revocation and Misconduct Policy

In the interest of protecting the integrity of HMDCB and its certification credential, HMDCB may investigate any allegation of one or more of the following and may take whatever action is appropriate, including, but not limited to, denial of eligibility to take the certification examination or renew certification or revocation of certification:

- a. Revocation, suspension, probation, voluntary surrender or any other limitation imposed on the individual's medical license by the jurisdiction's licensing authority
- b. Misrepresentation of HMDCB certification or other unauthorized use of the HMDC credential. Unauthorized use is defined as the use of the HMDC credential by a noncertified individual in a way that would lead a third party to believe the individual is certified
- c. Failure to satisfactorily respond to an audit or falsification of an application for the examination or for renewal of certification or of any other material information requested by the HMDCB
- d. Failure to fulfill the requirements for renewal of certification before the specified deadline
- e. The giving or receiving of assistance in the examination, as evidenced by observation and/or statistical analysis of an applicant's answers, or any irregular behavior during the examination process or violation of testing procedures

- f. The unauthorized possession, reproduction, or disclosure of any HMDCB examination-related materials before, during, or after the examination
- g. Any violation of the Code of Professional Conduct by an HMDC applicant or certificant.

Reconsideration and appeal procedures are available to individuals who wish to contest an adverse decision on the part of HMDCB as outlined in the Reconsideration and Appeals Policy.

The procedures for revocation and misconduct are available at www.hmdcb.org or upon request from HMDCB.

Reconsideration and Appeals

Any aggrieved individual may appeal a decision by the HMDCB to deny eligibility to take the certification examination or renew certification or to revoke certification but may not challenge the requirements themselves. Failure of an examination is not grounds for appeal. HMDCB reconsideration and appeal procedures are not available for challenges to the content specifications of the examination, the methodology used to establish the scores reported to the candidate, or the methodology used to establish or apply the minimum passing standard for the examination.

A request for reconsideration may be filed by an aggrieved individual within 30 days of the HMDCB's decision by submitting a written request to HMDCB's executive director by a traceable mailing service. The process and procedures for reconsideration and appeal are available at www.hmdcb.org, or upon request from HMDCB.



REQUEST FOR SPECIAL EXAMINATION ACCOMMODATIONS

If you have a disability covered by the Americans with Disabilities Act, **please complete this form and the Documentation of Disability-Related Needs on the reverse side and submit it with your application at least 45 days prior to your requested examination date.** The information you provide and any documentation regarding your disability and your need for accommodation in testing will be treated with strict confidentiality.

Candidate Information

Candidate ID # _____ Requested Assessment Center: _____

Name (Last, First, Middle Initial, Former Name)

Mailing Address

City State Zip Code

Daytime Telephone Number Email Address

Special Accommodations

I request special accommodations for the _____ / _____ administration of the _____ examination.
Month Year

Please provide (check all that apply):

- Reader
- Extended testing time (time and a half)
- Reduced distraction environment
- Please specify below if other special accommodations are needed.

Comments: _____

PLEASE READ AND SIGN:

I give my permission for my diagnosing professional to discuss with AMP staff my records and history as they relate to the requested accommodation.

Signature: _____ Date: _____

**Return this form along with documentation from a licensed professional to:
Examination Services, AMP, 18000 W. 105th St., Olathe, KS 66061-7543
If you have questions, call the Candidate Support Center at 800-345-6559.**



DOCUMENTATION OF DISABILITY-RELATED NEEDS

Please have this section completed by an appropriate professional (education professional, physician, psychologist, psychiatrist) to ensure that AMP is able to provide the required accommodations.

Professional Documentation

I have known _____ since ____ / ____ / ____ in my capacity as a
Candidate Name Date

My Professional Title

The candidate discussed with me the nature of the test to be administered. It is my opinion that, because of this candidate's disability described below, he/she should be accommodated by providing the special arrangements listed on the reverse side.

Description of Disability: _____

Signed: _____ Title: _____

Printed Name: _____

Address: _____

Telephone Number: _____ Email Address: _____

Date: _____ License # (if applicable): _____

**Return this form with your examination application and fee to:
Examination Services, AMP, 18000 W. 105th St., Olathe, KS 66061-7543.
If you have questions, call the Candidate Support Center at 800-345-6559.**